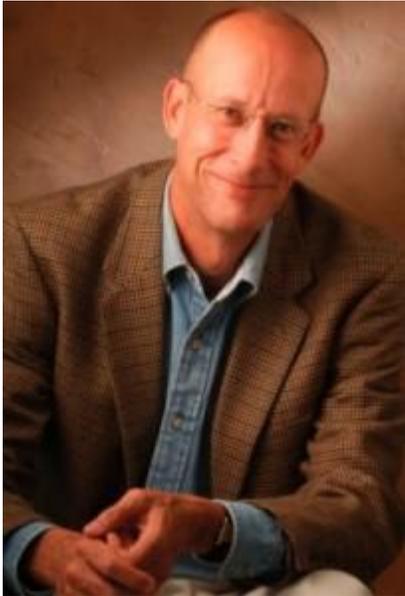


## Spotlight Media Productions



### **The Universe and Us: Mike Dooley's Excellent Adventure**

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By [Adrienne Papp](#)

There is hardly anyone who has not heard about the [Secret](#), or watched the film numerous times, and started to wonder about life, the workings of our brain and how it relates to our mind, [neuroscience](#), [biochemistry](#), [quantum mechanics](#) the [Chaos Theory](#), and all those new discoveries that will get us through, and perhaps even evolve, into the very different world of the new millennium!

That is the best-case scenario! Making the shift however is not as simple as putting the car into another gear!

And, right there is the truth, in this little, silly allegory. The car is almost always automatic; it puts itself into gear, unless we are one of those more adventurous souls who care to direct the car, instead of letting the car direct us. Being on an automatic pilot is a habitual mechanism in us, going about our business not only not remembering what the day was like by the evening, but not changing anything, or evolving to any which level due to a number of reasons I am sure all of us can come up with. Reasons, reasons, reasons, – all of them are illusions!

The truth is that we can create anything we want, and we do it every day already anyway! Unconsciously or not! You are the one who creates for yourself every single experience in your life, – not your mother, or your husband, or even the infamous Mother in Law of course! Whoever they might be, they did not create for you anything you did not allow! Not today and not 70 years from now, or if you are lucky enough to live to be a hundred than then.

However, understanding this basic universal quantum law sometimes comes with “uncomfortable” choices, changes, or situations that we are not “equipped” to handle (oops, there is another false belief) and we “do not have the time” to monitor our behavior!



Mike Dooley's TUT's Adventurers Club

I hear the phrase “Are you kidding me?” every day. “I am exhausted as is... I cannot take on this quantum, what again, subject? Consciousness? I would lose my mortgage, my car, etc, should I sit around like a monk! What are these people doing the whole day long anyway...? I got to run, good luck with all ‘this’ you know what...!”

And yet, this “you know what” is very real! In fact, it is the only reality! But, yes, in our current view of reality, and as things ALREADY are, you could lose it all quite literally: your house, your car, whatever you own...AS THE CONSEQUENCE of something you had previously already believed in!

But, what is not real however, is the belief that something separates your “reality” from your thinking: IF you think that you “will lose your mortgage,” and if you think that “there is no time,” and “all this is rubbish,” then that is exactly what you will get! Because the law is always working and the point is that how you think so you shall be, except that many people do not believe that! They think that ALL is happening DESPITE / SEPARATE of them, is something outside their control, even though that is NOT the case at all!



Mike Dooley and Adrienne Papp Playing the Matrix,, 2010

As [Mike Dooley](#) would say: “Thoughts become things!” That is the basic message, and [Mike](#) just like the genius I think he is, builds on this axiom brilliantly, showing you that it really all depends on you, and not on your grandparents or the constellation in the sky, or what your astrologer said the other day, or whether or not you have a higher [IQ](#) than your neighbor, or what school you went to. So, now, we got the bad news and the good news all at the same time! And, that is life! What you chose depends on you!

Understanding Universal laws and translating them into a language we can comprehend and relate to is I believe the job of all good teachers, like Dooley. After all, we do not have eternity on Earth although we do have eternity if we look outside of the [Newtonian physics](#), and switch to [Einstein’s quantum](#) marvels, which topic would be a whole new

article altogether. And, even [Einstein](#) felt it was too “spooky.” Even though he died 55 years ago, we might have learned a few more experiences in the past half a century to conclude what he started, I would assume!

So let’s move on to the very subject of this article about an extraordinary man with an extraordinary message!

Although the [Secret](#) has been translated into almost every language there is, and went around the world more than once, only a few, if ANY of us, know the Secret(s) behind the *Secret*!

And no, it is not [Keanu Reeves](#)’s [Excellent Adventure](#), which I thought was great in that it stirred our imagination. But I do not think that Reeves will go down in history as Ted! He has since shaped the boundaries of art much more widely than that and showed his own genius! Just as he is! ( What is wrong with Hollywood to even question him is the real question! What is wrong with Hollywood??)

But the real star of this movie and this article is a concept that sums up our lives in three words, and no matter where one goes, or who one is, or pretends to be, (not that unfamiliar, is it?) will always, always, always be the same: [the MATRIX by Mike Dooley](#), the [original of which was that of Keanu Reeves](#) ‘ and very truly of its own origin!!! it says it all! Keanu says it all!

Yet, Dooley is the man, besides Neo, who came up with the ultimate truth, but most importantly summed it up in three words: his message is that nobody needs to have five diplomas, 180 IQ, or belong to one religious group or another. Instead, just pay attention to the simple message: *Thoughts Become Things! Chose the Good Ones!*

Not that [Descartes](#) did not say something like [“I think therefore I am.”](#) which was grossly misinterpreted, just as Christ was, at least when I was growing up! Descartes was introduced as, and has ever since remained almost nothing else than a philosopher with an open-ended question that has hardly ever been publicly understood beyond just that! What exactly did Descartes mean? Did he mean that because I think I also state that I exist; or did he mean that the way I think essentially makes me who I am?

Now, [Mike Dooley](#) goes beyond these rhetorical questions. Not only does he help you understand the message, but also he points out what reality is (the truth of it might surprise you) and not only how to PRACTICE the principals, but also how to translate ALL of this into real life! He actually gives himself away: his very own examples will make it easy to relate to, and also lead to a new level of understanding / being, and connect with the world and the people in it in a whole new and very different way!



Sunset

My belief for the past 30 years has been that the theoretical theses of so many great philosophers are old paradigm. The new one now is: live it! Do not just think about it, or make theories, but do it! Although it takes an average of 17 years for anything new in general to enter the “system,” I am happy that people like [Dooley](#) exists. They are catalysts for change! It should not take 17 years, in my opinion, it should take one minute!

Yet, if we are supposed to watch what we think, it may take some time to master being the “watcher,” (the non-thinker). But once you become it, your life will never be the same again even for a minute! You might not even want to be around the same people anymore, a much addressed topic even in the film, [The Secret](#).

You will also notice that if you allow the very essence that originally created you enter into your life, you will not only move mountains like Jesus said, but you will live out your highest potential, which in my belief is the ultimate reason of our existence in a very, very physical world where every thought that has ever been thought over and over again, [subconsciously](#) or not, will come into manifestation. What better “mirror” can we have to evolve?

It is not that so and so had a rich father, and so he/she was born into the traditional meaning of privilege! In fact, almost always it is quite the opposite: success as it was did never come all by itself! The first ingredient might have needed to be somewhat of a deprivation in its core, like the example of [Oprah](#), [Larry King](#), and literally everyone who made a LASTING contribution! (If I was given everything on a silver plate, or fed with a golden spoon, I might ask myself, which I DID, “Why bother? I’ve got it all!” and miss the point, which is very sad indeed! I did it more than once myself!).



Full Moon Captured with Jupiter by Adrienne Papp

Real happiness comes not from accumulating as many goodies as one can, although it is nice to indulge, BUT ONLY when one has the backing of self-realization. That is the key to being happy! – I believe!

You have done it all, all by yourself and EVERY word is your own! You OWN your craft and you created it from nothing! This very creation, I believe is the key! Beauty is the handwriting of God! This is the kind of beauty that lasts forever.

In my own life, the “key” has never ultimately been what I was given, but that which was taken from me as painful as it was! When everything is taken one experiences pain more than once, and it is almost unbearable because one is left to his / her own devices alone and has no “choice as it were,” but to create literally out of nothing in a physical world. Manifestation of success is now simply a MUST. Just like the world was created. Out of no where and no thing! Actually nothing is the “place” from where everything originates. But that very urge to do or die when all is gone, I believe is the key to a lasting fulfillment of the soul, the very “thing” that makes one happy and not just temporarily! It is not another medal, or a title, or a new car, although all of these are really nice to have, but rather it is what you do for yourself and others to fulfill your soul and live up to your full potential. It is simply what we call: creation!



## Our World

And, from that very spot, just with what you have, doing your best is always enough. Trust God, but do not wait for him because he waits for you to do the impossible, an ability he has given you from the beginning and has been with you ever since. Simply the creator! Einstein or Jesus, it is ultimately the creator, which lives in all of us! He lives in you and can only come through with your permission. This is the point that most of us miss. This is called free will! Meaning, God will come in when you allow him to, and you exercise the ability to endlessly create, the very essence of godliness; and the very reason as to why we are all here: the task, I believe we've got to complete!

The joy of being alive, and understanding that it is a privilege, and the concept that you are an extension of God is understood by almost no one. People waste their lives, or do not know how to live and have no understanding that all that happens or does not happen, is really only and solely up to them!

The "how to make it happen" is just one aspect of the extraordinary personality and inspiring force that Dooley is all about. The other aspect is the crucial understanding that life is a celebration! And, even when things are the darkest you can always CHOOSE another path. The path of success. And, when you practice that with every cell of your body without analyzing who said what and why and what your brain is actually wired to do in this very moment, you SIMPLY (again, simply) focus on one thing and one thing ONLY: I attract what I think about and I focus ONLY on the end results. The "hows" are the domains of the Universe, as Mike Dooley would say.

No shrink is needed to go back and find out what your great grandmother once said to her niece, which then triggered one thing or another making you turn out "this way."

Forget all that: JUST BE IN THE HERE AND THE NOW. All that matters is today and tomorrow. Athletes call it "being in the zone", Christ called it "ask as if you already have received it and you shall have it." [Mike Dooley](#) calls it, JUST get up, go out and do it whatever smallest baby step it might be, you have the power to summon the entire universe. Mike got numerous books and CD's out, all of which are a must to have for anyone looking for answers. Mike will change your life remarkably. His [Tut Adventurer's Club](#) also offers seminars and even trips. What can be better than a vacation with like minded people where you can actually practice change?



Creation, Photographed by AP

And, almost all of us know SOME of the theories, THEORETICALLY from history, but the time has come to practice them too! Learning about Jesus, Plato, Copernicus, Einstein, etc...eventually ending with the Bible is great, but the message has always been the same : Just do it!

What I love about Mike Dooley is that he is not philosophical. He is flesh and blood in front of your very eyes, sharing with you his most intimate moments of implantation and manifestations.

So, please remember: *Thoughts Become Things, Chose the Good Ones!*

About the Author of This Article: [Adrienne Papp](#) is a recognized journalist who has written for many publications including Savoir, Beverly Hills 90210, Malibu Beach, Santa Monica Sun, The Beverly Hills Times, Brentwood News, Bel-Air View, Celebrity Society, Celeb Staff, It Magazine, Chic Today, LA2DAY, [West Side Today](#) among many others. She is the President and CEO of Los Angeles / New York-based publicity company, [Atlantic Publicity](#) and publishing house, [Atlantic Publisher](#). Adrienne writes about world trends, [Quantum Physics](#), entertainment and interviews celebrities, world leaders, inventors, philanthropists and entrepreneurs. She also owns [Atlantic United Films](#) that produces and finances true stories made for theatrical release or the silver screen. [Spotlight News Magazine](#) is owned by [Atlantic United, Inc](#) with [Adrienne Papp](#) being the majority shareholder.