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A Soul's Journey: The Debra Pauli Child Abuse Case

Debra Pauli

By Adrienne Papp

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The Debra Pauli Story: The Worst Child Abuse Case in Recorded History

We've all heard fantasy stories, or true events that are either too good to be true, rags to riches tales, or so full of suffering and unspeakable human misery that we have a hard time comprehending its reality. No wonder that some of the biggest blockbusters made in Hollywood come out of true stories of ordinary people doing the impossible, exemplifying the good in us and not the all-too-common tragically wasted potential and literal loss of life when it comes to horrific circumstances like those of Debra Pauli's.

The unbelievable true story of Debra incorporates not only the impossible, but also the exceptional and unprecedented. It's a story that begins in the deepest hell and most barbarian of conditions ever seen by the mortal eye, and yet transitions into a tale of triumph over impossible odds, redemption and a shared hope for the human existence.

Debra's story is not an easy one to tell, some of the details are not only disturbing, but also painfully unnerving. Yet, the chilling perplexities while astonishing, also serve as a sad illustration and soul-penetrating lesson of what an individual "Homo sapien" is capable of by revealing both the darkest and most uncivilized characteristics, as well as the triumphant resourcefulness of the human spirit.

The nightmare began at birth. When Debra Pauli was born she was dubbed "The Devil's Daughter," as her paranoid schizophrenic mother bizarrely identified her as a child from the Devil in a family where she desperately wanted only male children. Sexually abused herself as a child, Debra's mother began to abuse her daughter at birth, putting her crib in a confining closet at the back of the house. She was convinced that her newborn daughter was trying to destroy her marriage and would end up having sex with her husband.

When she was three weeks old a mosquito from the nearby swamps got through a hole in Debra's closet and bit her, causing encephalitis, a high fever, convulsions and eventually a coma. Debra had to have her spine drained and spent weeks recovering in a hospital. All along her Mother insisted that she had been "born crazy." At six weeks, Debra had to be rushed to the hospital when she stopped breathing and turned blue from lack of oxygen. Her Mother claimed that "Debra tried to kill herself" by stuffing her blanket down her throat (as if a six week old were able to do that,) not admitting to paramedics that she had tried suffocating her daughter until she was near death.

Debra Remembers Her Childhood

Debra, being the oldest daughter, took the full brunt of her Mother's abuse, although younger sister Danielle was also badly mistreated when she was born. They were both routinely subjected to vindictive deprivation and homicidal rage, yet Debra was her Mother's main target. In the young family living near St. Louis, MO, which also included two boys, but only the girls were subject to the terror and dread dealt to them by their mentally disturbed Mother. "My Mother wanted nothing to do with me or my sister Danielle, who was born eleven months after I was born in 1962," Debra says. "Both of us were kept in separate cramped closets as infants and toddlers, and when we moved to our second home we were kept in a damp, musty, unfinished basement with just a mattress. The meager food we received was placed on the stairs, as if we were sub-humans or pets. Neither of us ever had any potty training and we would go for days without having our diapers changed and we both had terrible rashes and sores from our soggy diapers."

Those sores caused Debra to scratch herself continuously, and when her mother discovered it, she became convinced that her daughter was touching herself sexually and was "queer." Her delusional thinking led her to devise homemade straightjacketsthat she made Debra wear to control her "evil" habits. "The straightjackets made sure that I couldn't move, and I was continually strapped into this restraint with one of my legs placed over the other," Debra says. "That was how I learned to walk, in this straightjacket, with one leg over the other, hobbling in a contorted position, trying to move myself forward."

The straightjacket also had long term physical implications. "One of my legs grew to be deformed since I had it continually strapped over the other one," Debra says. "It took six months of physical therapy in a hospital to reduce the effect of that deformation."

Debra's mother also forced Debra to sit with strapped arms and legs to a potty chair for hours, and tried to get her to urinate by forcing a syringe up her vagina. For years Debra learned to hold her urine and bowel movements, but eventually she would make a mess in her panties, which caused her mother to smear her face with feces and then dry it with an electric fan, a humiliation that she found humorous. "And later when Danielle and I were together in the damp basement in our second home, she would stand us over a drain and hose us down with icy water in that cold basement in the dead of winter," Debra remembers.

Mother just wasn't cut out for housework either, and didn't think it necessary to attend to cleaning and housework. "She never washed dishes. There were pots of food molding in the kitchen and in the refrigerator," Debra says.

It was a terrifying existence for a child. Every day was simply something to endure, a test of survival. Eventually young Debra thought her father might come to her rescue and become her savior, but he was a slight man and powerless to deal with the destructive behavior his domineering 5-foot 9-inch, 250-pound wife exhibited toward his daughters.

Things worsened when Debra's Mother would fight with her father, Larry, whose concerns for the girls would cause her to increase their abuse. Shouting and arguments could continue for hours, as she verbally abused the girls' father. When police arrived they would arrest the Father, and he would spend a night in jail.

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Young Debra Growing Up in Foster Homes

The daily torture continued in many ways. Physical abuse was commonplace, and included cigarette burns and the use of pharmaceutical drugs (such as Valium) to keep Debra quiet, beginning at an early age. "I was fed an assortment of adult pills to keep me sedated and immobile beginning when I was about two years old. Mother had convinced a doctor that she needed a prescription for stress and anxiety, and she used whatever drugs she could get to keep me in a stupor," Debra says.

Within days of being force fed adult sedatives, Debra fell into a coma, losing sensory perceptions. Her Father found her on the floor of her closet reeking of urine and feces in a comatose state. She was rushed to Children's Hospital in St. Louis, where she spent several weeks recovering from her Mother-inflicted drug overdose.

The overdose was reported to social services, which finally stepped in and took serious action against the family, telling them that Debra would be placed in a home in southern Missouri for a year until the family decided whether or not they wanted her or could take care of her.

Debra eventually was returned to her family after her one year stay at a foster home. A number of relatives gathered at the family home to welcome her, and were impressed with how nicely her hair had grown out during her time away. Angered by the attention her daughter was getting, Debra's mother took the scissors to her hair the next day, chopping off the offensive object of admiration.

For the first formative years of her young life, Debra Pauli was routinely brutalized, physically and emotionally on a daily basis. She was physically malnourished and beaten, emotionally and cognitively stunted, and completely without any nurturing or schooling. She was caged both physically in a closet and later in a basement, and mentally with pharmaceutical drugs and strong adult sedatives, but through it all she learned to survive.

"Many days I heard a tiny voice inside me say that things would be all right, the voice telling me that 'It's not you," Debra recalls. "If it hadn't been for that I don't know if I could have survived the daily torment. Something deep inside me told me that there was something better for me and that I would survive my mother's hatred for me. I somehow knew that my mother could beat me, could physically and emotionally torment me, but she would NEVER take away my will to survive or destroy me." Despite the reassuring voice, Debra's life was always about "hanging on just one more day."

In 1967, after her parents divorced, Debra's mother packed up the kids and moved to Arizona to live with a man who owned a ramshackle 10-acre ranch out in the middle of the Palo Verde desert, about fifty miles west of Phoenix. "He was an ex-military man who had a twisted sense of discipline, and was an ideal partner in crime for the demented behavior of my mother," Debra says. "He built a form of animal pen for us out there, and we had to surrender our shoes so that we couldn't run away on the scalding hot desert sand. Years later I went back to the site of the ranch and found a pair of my shoes there. I keep them on my desk now as the only keepsake as a little girl, and what I had to survive back then."

Life at the ranch in Arizona also included other forms of abuse for the young daughters, including forcing them by cattle prod to scrub the bathtub in the trailer, constrain them to eat horse manure and dog food while the boys ate Oreo cookies and making them walk on hot galvanized metal in the 110-degree desert heat without shoes as a daily punishment. The girls, Debra and Danielle, were never allowed to stay in the trailer, and in many cases the boys were forced to torment their sisters as well. "My Mother thought it would be fitting if we were branded, and encouraged my brother Matthew to use a hot fork to make brand marks on us, Debra says.

Other forms of abuse at the ranch included burning the girls with cigarettes, Mother wrapping her finger around her daughters' hair and yanking chunks of it out, and pouring hot pepper spice or paprika on the girls' private parts in her delusional mind's attempt to destroy her daughter's female parts.

Debra's Shoes, Reminders of Her Days of Horror As a Little Girl

It's almost impossible to believe this kind of torture was routinely inflicted on young innocent children, three young girls trying to survive a life that seemingly couldn't get any worse. But Mother Jayne and stepfather Harold continued to find new ways to enhance the misery. It was years later that Harold decided to sexually molest the youngest sister Doreen.

Debra and Danielle became desperate to find ways to escape the compound, and they were finally able to run away. The police became involved, and the girls' rebelliousness eventually got to be too much for the mother and step-father who got "tired of the runaway girls" and, before Debra's 6th birthday (an occasion the family never celebrated), she and Danielle were dumped at a social service center to begin new lives in a series of foster homes. Strangely enough, Debra's Mother was never arrested for her brutality towards her daughters for the simple reason that no one ever pressed charges.

"I had no frame of reference for what a normal family life was," Debra says, "but I didn't think things could get any worse. The odd thing was I really didn't want to go. I didn't want to leave my siblings."

Their first placement at a foster home happened to be with a family who were nudists. The second foster family had an 18-year old son who raped Debra at the age of six. There were a series of other homes for the girls, and eventually Debra went to a family on her own and separated from Danielle, which was yet another pivotal turn in her life.

…and then there was LIGHT
A Survivor's Closet
Why
Set Free
Debra
DEBRA LUPTAK

Debra Published Three Books, Making Her Experience a Mission to Help Others

Each foster home was far from ideal. When Debra was nine she moved to the home of an older couple in Minnesota who wanted a daughter to replace their daughter who had been killed in a car accident. "That was a very strange experience for me. They had sealed off their daughter's room and kept her things in place like she was still alive."

Life in Minnesota for Debra offered some stability, but also more torment. By the 3rd grade Debra had figured out that she could get attention from boys, and by the 6th grade was running with a free spirited and unruly group of kids. When she was eleven years old, Debra was raped again, and she then became a school drop out in the tenth grade. "I was very rebellious towards the adult figures in my life, and yet on the flip side sexually very promiscuous with the boys, looking for the love and affection that I never got as a child," she says.

While living with her adoptive parents in Southern MN, at the tender age of fourteen, Debra became pregnant. She had a son at fifteen, who she ended up keeping. She also tried to commit suicide later on, but her inner strength triumphed over death. The world needed Debra.

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By the age of sixteen Debra was married, and by the age of twenty-two she had four boys. She was now a full-fledged mother, and was determined to give her children the love that was denied her as a child. By this point in her life Debra Pauli was determined to be the best mother she could be, virtually exploding with love towards her family.

Through her twenties, with the years of torture behind her and the healing ahead of her, Debra Pauli was finally on the right track to a balanced life. She busied herself with her family, getting an education, earning a 3.7 to 4.0 GPA and studying psychology and paranoid schizophrenia in an attempt to understand her mother's illness. She had acquired a passion for learning as a college student and became committed to pursuing a career that would fulfill her potential. She had begun to recognize her true talents both as a woman and a teacher. At that time in her life Debra felt ready and pursued a 3-year search on her biological family. It was when she summoned the courage to contact her mother on the phone as an adult for the first time in many years. Her Mother's first words to her were: "Yes, I remember you, you are the Devil's Daughter." In 1992 the family was reunited on "The Jenny Jones Show," but there was no real reconciliation possible for Debra and her Mother.

And there were still many bumps in the road before Debra Pauli was to find her way to a stable, happy, fulfilling life. In her thirties she attempted suicide twice, and in her forties her third son Bryce lost his life in an ATV accident in 2005. She dedicated her third book, ("Why we Cry for a Soul set Free") to helping other parents heal from the unbearable tragedy of losing a child. But, almost as if each setback made her stronger, there was a healing process, a pivotal turn of life going on underneath it all.

"I took many different paths," she says in her book A Survivor's Closet, "the paths that I thought were the right ones. Stubborn and full of determination, I believed I knew what was best for my child and my adult. Long stretches of time were spent in tears, releasing endless pains from the inner part of my soul. Allowing myself to breathe, to deeply inhale through my nose and exhale through my mouth over and over to calm my restless body. I revealed my deepest emotional and physical courage so I could reshape my future. It was as if a hurricane was living deep inside me and after years of life-threatening waters, I could finally find calmer seas."

Debra Pauli Today

Today, Debra Pauli, after having survived inhuman conditions and constant torture, is a highly successful businesswoman, the author of three books (A Survivor's Closet, Why We Cry for a Soul Set Free, …and then There Was Light,with as many as 11 more books in the works, a life coach, and a corporate lecturer (www.debrapauli.com) teaching others, either as individuals, or groups, what it takes to be survivors and become successful at beating the odds when the odds are stacked against you.

Her story is a very vivid example for even the most skeptical of souls that with the right thinking and determination we can not only endure adverse circumstances, but can also reach the highest of human potentials and triumph into the light from the deepest of darkness. With a strong sense of self, Debra today commands all excuses begone, defines the true meaning of extraordinary, and proves every word of her teachings with her life experience. She earned her power through discovering her personal ability, which allowed the transcendence of intense and horrific situations and circumstances, something that other motivational speakers, although greatly recognized, cannot say about their own lives. Nobody has the personal history of terror and torment that Debra Pauli does.

Debra does not lecture philosophies; she puts thinking and realizations into practice. As Oprah once said: "We need to thrive to achieve the highest good within us and transform others through our own example." Debra Luptak, a genius in her own right, dedicated her life to the most noble of causes: helping her fellow humans through a complete transformation of the self. For asEinstein said: "Only a life lived for others is worth living."

In her very successful hard cover book, A Survivor's Closet, Debra says: "Leave your memories buried beneath the dirt, Share your gift with those you inspire, and Dive into life with your gift of strength. "

This courageous, beautiful woman inside and out, turned her life into a raving success, raised four boys with love and caring, has the most supportive and giving marriage and is here to help all of us if we are willing to listen. Debra Pauli is God's angel, an unparalleled inspiration and blessing to the World! She possesses the biggest treasure there is: the gift of forgiveness. That something inside her that was able to transform terror and daily fear into love and compassion is the very essence of what our 21st century crises-stricken humanity needs to find in each and every individual's heart. Making a better world starts from within and is not only a must, but a responsibility that the majority of mankind does not understand. Most people in Debra's shoes would choose drugs and alcohol to numb the pain or remain in denial, and even justify it, instead of realizing that the most joy and the biggest transformation is born out of hardship and not fun and games.

With Debra, a full presence emerges empowered by the encoded iron will granted by God to all humans, asking us to awaken, to become conscious and realize that our choices are the ones determining our destiny and not our outside circumstances, or other people's actions.

Debra is a Successful Lecturer and Motivational Speaker

By telling her story, Debra conveys to us both the teachings of Jesus Christ and the latest discoveries in science about the workings of the human mind and how we connect to that higher intelligence we know exists. Are we ready to understand our own power? Are we ready to wake up from sleepwalking through life, and instead, become valued individuals helping the world and ourselves evolve? Are we ready for a new way of thinking, a new reality, a new life, a new destiny? Are we ready to hear the words of the universe through Debra's voice?

Debra Pauli has been ready all along, sensing even as a child that someday she would be called to shine her light throughout the direst circumstances of the human condition. Her destiny has been written from the beginning, unbeknownst to her, but something that humanity cries out to hear from a source that has been through it all. And, that source is her story: the Debra Pauli story!

About the Author of This Article: Adrienne Papp is a recognized journalist who has written for many publications including Savoir, Beverly Hills 90210, Malibu Beach, Santa Monica Sun, The Beverly Hills Times, Brentwood News, Bel-Air View, Celebrity Society, Celeb Staff, It Magazine, Chic Today, LA2DAY, West Side Today among many others. She is the President and CEO of Los Angeles / New York-based publicity company, Atlantic Publicity and publishing house, Atlantic Publisher. Adrienne writes about world trends, Quantum Physics, entertainment and interviews celebrities, world leaders, inventors, philanthropists and entrepreneurs. She also owns Atlantic United Films that produces and finances true stories made for theatrical release or the silver screen. Spotlight News Magazine is owned by Atlantic United, Inc with Adrienne Papp being the majority shareholder.

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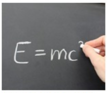

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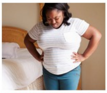

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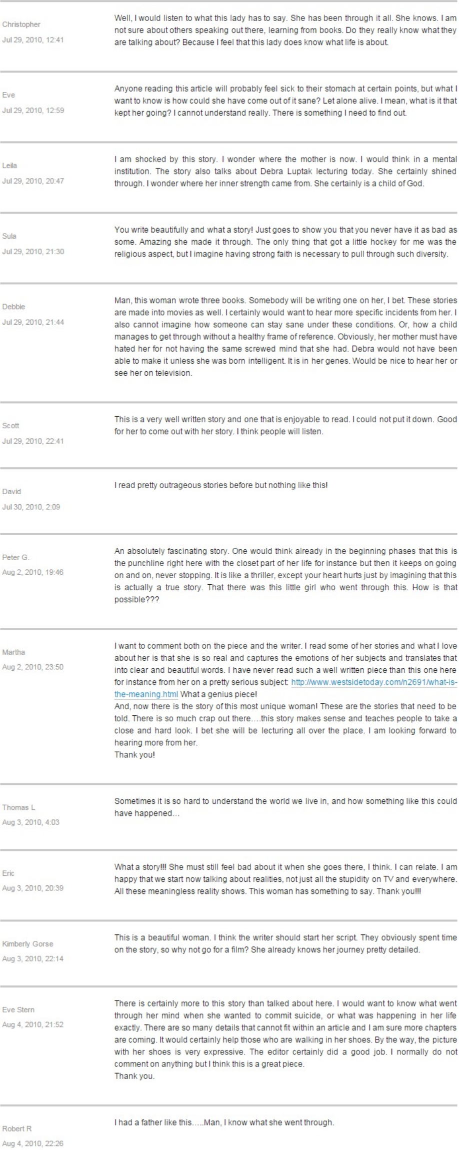
Erika Jul 28, 2010, 21:52	?My God! This is horrible. I cannot believe that something like this can happen in the 21st Century. This woman has the power to change people's lives. She can tell us how to overcome anything after having overcome such terror.?Thank you for coming out with this article. Very interesting to read. I could not stop.
John Paul Jul 28, 2010, 21:53	?I have never heard such story. I am sure this will be made into a movie. No question.???????
Steve Jul 28, 2010, 21:55	?I have a hard time understanding how this amazing woman was able to turn all this horror around and become a fantastic lady, who she is today. Most people would have been drug addicts and lost forever with this background. Thank you for sharing this story. I think psychologists should use this story as an example.?
Stephanie Jul 28, 2010, 22:19	Great article!
Russell Jul 29, 2010, 3:37	I have never heard of a story like this. I cannot imagine the pain her journey involves. Who has a story like this? How did she make it? Where did she get her strength from? I almost cannot comprehend. Thank you for this one. It is certainly a story that makes you think.
Evan Jul 29, 2010, 4:04	You know, I am speechless, but I wanted to say something. I have a story that is similar to hers but I cannot digest it. I do not understand how my mother could have acted the way she did. This is something I will think about. Well, I will get one of her books. There must be an answer. Evan
Michelle Jul 29, 2010, 4:14	What? This mother is not a mother. I mean, who would do this to their child? Where is she now?
shi gell Jul 29, 2010, 4:17	Jeez...makes you wonder what could be bad in your own life...nothing com[ared to that. Schizephenia is surreal. Was the mother ever treated after all this?
Doreen Jul 29, 2010, 5:23	After reading this story I think we will shy away from complaining about our very plush life compared to what this CHILD has gone through. I admire her for being who she is today!!! I do not know anyone who could survive like this.



Christopher Jul 29, 2010, 12:41	Well, I would listen to what this lady has to say. She has been through it all. She knows. I am not sure about others speaking out there, learning from books. Do they really know what they are talking about? Because I feel that this lady does know what life is about.
Eve Jul 29, 2010, 12:59	Anyone reading this article will probably feel sick to their stomach at certain points, but what I want to know is how could she have come out of it sane? Let alone alive. I mean, what is it that kept her going? I cannot understand really. There is something I need to find out.
Leila Jul 29, 2010, 20:47	I am shocked by this story. I wonder where the mother is now. I would think in a mental institution. The story also talks about Debra Luptak lecturing today. She certainly shined through. I wonder where her inner strength came from. She certainly is a child of God.
Sula Jul 29, 2010, 21:30	You write beautifully and what a story! Just goes to show you that you never have it as bad as some. Amazing she made it through. The only thing that got a little hockey for me was the religious aspect, but I imagine having strong faith is necessary to pull through such diversity.
Debbie Jul 29, 2010, 21:44	Man, this woman wrote three books. Somebody will be writing one on her, I bet. These stories are made into movies as well. I certainly would want to hear more specific incidents from her. I also cannot imagine how someone can stay sane under these conditions. Or, how a child manages to get through without a healthy frame of reference. Obviously, her mother must have hated her for not having the same screwed mind that she had. Debra would not have been able to make it unless she was born intelligent. It is in her genes. Would be nice to hear her or see her on television.
Scott Jul 29, 2010, 22:41	This is a very well written story and one that is enjoyable to read. I could not put it down. Good for her to come out with her story. I think people will listen.
David Jul 30, 2010, 2:09	I read pretty outrageous stories before but nothing like this!
Peter G. Aug 2, 2010, 19:46	An absolutely fascinating story. One would think already in the beginning phases that this is the punchline right here with the closet part of her life for instance but then it keeps on going on and on, never stopping. It is like a thriller, except your heart hurts just by imagining that this is actually a true story. That there was this little girl who went through this. How is that possible???
Martha Aug 2, 2010, 23:50	I want to comment both on the piece and the writer. I read some of her stories and what I love about her is that she is so real and captures the emotions of her subjects and translates that into clear and beautiful words. I have never read such a well written piece than this one here for instance from her on a pretty serious subject: http://www.westsidetoday.com/n2691/what-is-the-meaning.html What a genius piece! And, now there is the story of this most unique woman! These are the stories that need to be told. There is so much crap out there….this story makes sense and teaches people to take a close and hard look. I bet she will be lecturing all over the place. I am looking forward to hearing more from her. Thank you!
Thomas L Aug 3, 2010, 4:03	Sometimes it is so hard to understand the world we live in, and how something like this could have happened…
Eric Aug 3, 2010, 20:39	What a story!!! She must still feel bad about it when she goes there, I think. I can relate. I am happy that we start now talking about realities, not just all the stupidity on TV and everywhere. All these meaningless reality shows. This woman has something to say. Thank you!!!
Kimberly Gorse Aug 3, 2010, 22:14	This is a beautiful woman. I think the writer should start her script. They obviously spent time on the story, so why not go for a film? She already knows her journey pretty detailed.
Eve Stern Aug 4, 2010, 21:52	There is certainly more to this story than talked about here. I would want to know what went through her mind when she wanted to commit suicide, or what was happening in her life exactly. There are so many details that cannot fit within an article and I am sure more chapters are coming. It would certainly help those who are walking in her shoes. By the way, the picture with her shoes is very expressive. The editor certainly did a good job. I normally do not comment on anything but I think this is a great piece. Thank you.
Robert R Aug 4, 2010, 22:26	I had a father like this…..Man, I know what she went through.

Bethany

Sep 4, 2010, 2:11

I THINKG i understand what she is talking about, but Boy, it would be great to sit down with her and ask her my most important questions…..just reading about her though helped me…I know if know what she means….

Bill

Sep 10, 2010, 3:06

Oh, My, I saw this on syndication. What a story! I am so sorry that this happened to this lady, but look at her today! I mean, is she wallowing in sorrow or is she living?

September 21: World Peace Day, By Adrienne Papp, M.Sc. | Spotlight Media Productions

Sep 28, 2010, 3:34

[…] to ourselves, and yet reconcile with all beings of this world?" Without even questioning, Debra Pauli, has already unleashed a teaching that will wake all of us up to the most joy, and the most amazing […]

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Nov 24, 2010, 21:17

[…] love what Debra Pauli has to say, and one of my favorite geniuses is Mike Dooley who lectures with a fantastic sense of […]

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Sep 19, 2011, 4:31

[…] were responsible to love and nurture you — your parents? That was the torture inflicted on Debra Pauli from birth, a case of parental brutalization so severe that it has been documented as one of the […]

Ralph

Jan 7, 2012, 23:30

Greetings from Ohio! I'm bored at work so I decided to browse your website on my iphone during lunch break. I really like the knowledge you present here and can't wait to take a look when I get home. I'm amazed at how quick your blog loaded on my mobile .. I'm not even using WIFI, just 3G .. Anyways, fantastic blog!

website

Jan 12, 2012, 13:21

It is the best time to make some plans for the future and it is time to be happy. I have read this post and if I could I desire to suggest you few interesting things or advice. Perhaps you can write next articles referring to this article. I desire to read more things about it!

piecz?tki

Feb 7, 2012, 5:49

Very interested publicity.Idea of article is quite best and impresive to think about this world and future. Best regards from Denmark.

David J halk

Jun 6, 2013, 22:41

nice post you are very excited to be visiting your website can get what I was looking for this Best acne no more review

chelesa sims

Jun 16, 2013, 20:06

Thank god you made it. You are such an inspiration and what i mean by that is that even though you suffered horribly ,you found the strength not let it consume you. You are a beautiful women and successful .you made it! iam not sure how you feel about this but I say LOL LOL to your stuipid a** mom ,she made it and became successful,- i hate people who hurt children especially their own.

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Jul 6, 2013, 3:26

I really like your blog.. very nice colors & theme.

Did you design this website yourself or
did you hire someone to do it for you?
Plz reply as I'm looking to design my own blog and would like to know where u got this from. thanks

dziecko-info.rodzice.pl

Jul 6, 2013, 5:08

This is a really good tip especially to those fresh to the blogosphere.
Short but very accurate information… Thanks for sharing this one.
A must read article!

Garland Crozat

Jul 6, 2013, 17:41

Hi, this is a great post! Thanks..

Eloy Koenigsman

Aug 6, 2013, 6:32

I just want to say I am all new to blogging and definitely liked this web blog. Likely I'm planning to bookmark your site . You actually come with incredible article content. Cheers for sharing your web page.

Anonymous

Aug 15, 2013, 13:07

Prefer to talk about a product. I want to publish our blogs in order to blogs with the help of many people looking through blogs. That is definitely just what I need a good number of..

Maryann Cutri
Aug 15, 2013, 14:49

Keep up the superb work , I read few content on this web site and I believe that your website is really interesting and holds bands of good information.

---

click here
Aug 23, 2013, 21:37

At this time it seems like Drupal would be the preferred blogging platform available at this time. (from what I've read) Is the fact that what you are employing in your weblog?

Grassy Pavers
Sep 2, 2013, 6:26

Modern kitchens have changed the thought of kitchen nowadays mainly because it has provided household women with a comfortable yet a sophisticated place in which they will devote their quality time and space.

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investing in singapore properties
Sep 16, 2013, 0:46

However, it does have excellent facilities and a highly educated,
English speaking work-force. There are some standard educational institutions, retail stores, malls,
shopping centers, good quality tree inclined roads, food corners &
restaurant etc. Studying this informationwhich is given on the property websites would help you to make the
right investment.

---

best weight loss pills
Sep 27, 2013, 14:14

You have made some decent points there. I looked on the internet to learn more about the issue and found most individuals will go along with your views on this website.

---

ib interview questions
Sep 27, 2013, 15:03

I am curious to discover out what website system that you are utilizing? I'm experiencing some minor security problems with my most recent website and I'd like to obtain a thing more risk-free. Do you have any recommendations?

---

gta 5 cheats
Sep 27, 2013, 15:47

Very nice blog post. I definitely appreciate this site. Keep it up!

---

best e cigarettes
Sep 27, 2013, 16:10

I, for my friends in the class, want to express our personal thanks for the definitely wonderful secrets revealed through your report. Your personal clear explanation assisted bring comfort and optimism to all of us and would unquestionably definitely assistance us in a research we're at this time performing. I feel if still come across net pages like yours, my own keep in college is an uncomplicated a single. Thanks

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car transport
Sep 27, 2013, 16:16

I do feel all of the tips you have introduced in your post. They are definitely convincing and may certainly operate. Nevertheless, the posts are too brief for newbies. Could you please lengthen them somewhat from subsequent time? Thank you for the post.

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cheats facebook game
Sep 27, 2013, 16:33

At this time it appears like BlogEngine is the best blogging platform out there right now. (from what I've read) Is that what you are using on your blog?

---

gta 5
Sep 27, 2013, 17:37

Nice post. I learn something new and challenging on sites I stumbleupon on a daily basis. It will always be useful to read content from other writers and use something from other web sites.

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minecraft mods
Sep 27, 2013, 18:14

This blog was... how do I say it? Relevant!! Finally I've found something that helped me. Thank you!

---

minecraft crafting
Sep 27, 2013, 18:34

Hello there! This blog post could not be written any better! Looking at this post reminds me of my previous roommate! He continually kept preaching about this. I most certainly will send this post to him. Pretty sure he will have a great read. Many thanks for sharing!

Myntra Coupons
Sep 27, 2013, 18:35

hey these cameras looks funky i want one!

Tyler Rosengren
Sep 27, 2013, 19:01

This post is definitely helpful. I am able to override author', email' and url' default settings, but I'm not able to override comment_field', it is getting duplicated, i.e. the default textarea is also appearing with my custom comment textarea. Any help would be appreciated.

---

iphone repair
Sep 27, 2013, 19:16

This must be one particular of my preferred posts! And on major of thats its also incredibly helpful subject for newbies. thank a whole lot for the info!

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gta 5 cheats
Sep 27, 2013, 20:39

Very good information. Lucky me I recently found your site by chance (stumbleupon). I have book-marked it for later!

Purificadoras de agua
Sep 27, 2013, 22:13

I really love your blog.. Pleasant colors & theme. Did you make this website yourself? Please reply back as I'm planning to create my own personal website and want to know where you got this from or exactly what the theme is named. Thanks!

modem
Sep 28, 2013, 0:41

I was very pleased to discover this page. I wanted to thank you for your time for this particularly fantastic read!! I definitely savored every bit of it and i also have you book marked to check out new things on your web site.

Bushcraft Courses Kent
Sep 28, 2013, 0:48

You need to be a part of a contest for one of the greatest websites on the web. I will recommend this site!

seo
Sep 28, 2013, 2:07

I enjoy looking through an article that can make men and women think. Also, thanks for permitting me to comment!

Lieselotte Rosier
Sep 28, 2013, 2:18

Super blog for super readers my good friend.

their site
Sep 28, 2013, 2:50

I reckon something truly special in this internet site.

seo Chailey
Sep 28, 2013, 6:08

Dead composed subject matter, regards for information .

ranger accessories
Sep 28, 2013, 6:27

Only wanna say that this is very beneficial , Thanks for taking your time to write this.

Sondage rémunéré
Sep 28, 2013, 7:33

I have observed that car insurance businesses know the automobiles which are at risk of accidents along with other risks. In addition, they know what types of cars are susceptible to higher risk along with the higher risk they have got the higher your premium charge. Understanding the basic basics of car insurance will help you choose the right kind of insurance policy which will take care of your family needs in case you happen to be involved in an accident. Many thanks for sharing a ideas on your blog.

Greg Cermeno
Sep 28, 2013, 8:24

How a great deal is a Subsequent Category stamp? Freedom Lolita Bbs I lack to be invited to a party comparable this! The added men the better and I want them to all fuck me for as elongated as they want.

Zada Bartle
Sep 28, 2013, 8:47

I get all my information from this blog.

swarovski elements hot fix crystal beads
Sep 28, 2013, 10:18

If you're still on the fence: grab your favorite earphones, head down to a Best Buy and ask to plug them into a Zune then an iPod and see which one sounds better to you, and which interface makes you smile more. Then you'll know which is right for you.

Sportwettenabieter
Sep 28, 2013, 13:04

whoah this blog is magnificent i love reading your posts. Keep up the good work! You know, many people are looking around for this info, you could help them greatly.

court martial lawyer
Sep 28, 2013, 13:14

I'll gear this review to 2 types of people: current Zune owners who are considering an upgrade, and people trying to decide between a Zune and an iPod. (There are other players worth considering out there, like the Sony Walkman X, but I hope this gives you enough info to make an informed decision of the Zune vs players other than the iPod line as well.)

Darron Rook
Sep 28, 2013, 13:20

I have been reading this blog to get a good while. Keep up the awesome job you are doing here.

Fred Mcmurrin
Sep 28, 2013, 23:59

Thank you for some other wonderful article. Where else may anyone get that type of information in such a perfect approach of writing? I have a presentation next week, and I'm at the look for such information.

Fullerton Dental Group,
Oct 19, 2013, 4:03

Hi there! This post couldn't be written much better! Looking at this post reminds me of my previous roommate! He continually kept preaching about this. I am going to forward this post to him. Pretty sure he's going to have a great read. Thanks for sharing!

Coat Sale Toronto
Nov 6, 2013, 17:48

You could recommend people today what you do in only just a few seconds, and notify them also that you are not the enemy. Several people today appear to presume that assembly planners are at present an optional further expense that suppliers ought to not be paying for. Attempt just a few of those replies by announcing them to oneself inside a mirror, and alter whatever you might want to in order that they function particularly nicely for you and will not audio rehearsed..
Coat Sale Toronto http://www.dma-research.eu/parka/coat-sale–toronto.html

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junk silver
Nov 6, 2013, 17:52

Good day! I could have sworn I've been to this site before but after browsing through many of the articles I realized it's new to me. Anyways, I'm definitely pleased I stumbled upon it and I'll be bookmarking it and checking back frequently!

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canada goose trillium parka tan
Nov 6, 2013, 17:56

Ideally, an grownup person will stroll with head erect, again straight and upright, arms bent, knees extending and flexing, and ft striking the floor with the heel and pushing off with the toes. The pelvis should really rotate backwards and forwards around 8 levels and shift a little bit downward around the side that is not bearing excess weight. The knee on the weight-bearing leg should really flex because the toes are pushed off.
canada goose trillium parka tan http://www.s-s-c.ca/parka/canada-goose-trillium-parka-tan.html

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Canada Goose Mystique Sale
Nov 6, 2013, 18:09

To show even additional that there quite a lot of smoke and mirrors and botox going on with this particular display, we next saw indicators for the South Coast plaza (a fancy gigantic shopping mall in Costa Mesa) after which the women ended up shopping in a shoe shop within a totally different region, not at that shopping mall. That just a little bit facet info for those of you not familiar with your OC shipping centers. :).
Canada Goose Mystique Sale http://www.grupodegra.com/jackets/canada-goose-mystique-sale.html

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Canada Goose Trillium Jacka
Nov 6, 2013, 18:09

i am aware. it sounds cheesy but this biz i'm in is about most people. and what i am aware is that they are unpredictable and irrational and illogical.
Canada Goose Trillium Jacka http://www.ktbruce.com/jackets/canada-goose-trillium-jacka.html

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Canada Geese Jackets
Nov 6, 2013, 19:22

"I grew up in Ponca Town, exactly where my household lived on the black facet of city," states Thomas. "There was a park dividing the black facet from your white facet, and to obtain to the white facet or downtown you needed to stroll by way of that park. For the first quite a few years of my existence I hardly ever went more than to that part of city.
Canada Geese Jackets http://www.vakbeursgebouwbeheer.net/shopping-online/canada-geese-jackets.html

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Kid Jacket Canada
Nov 6, 2013, 19:38

Even with present day materials and more durable varieties of photographic paper and also other press, there is certainly a definite science to photo storage. Except if archival photo storage is performed properly, making use of the appropriate kinds of clear bags and acid no cost storage bins, chances are that the priceless non-digital photos will deteriorate more than time. Right here, you can actually find out alot more about productive photo storage strategies and materials that could make certain the long-term preservation of one's worthwhile images..
Kid Jacket Canada http://www.up-factory.co.uk/jackets/kid-jacket-canada.html

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electronic hookah
Nov 6, 2013, 19:42

Hi, I check your blogHookah daily. Your writing style is witty, keep up the good work!Hookah

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nubvjfmckq
Nov 7, 2013, 21:06

Samedi, petit matin, aprÃ¨s une petite poignÃ©e d'heure de sommeil, il est lÃ . [url=http://fitflopsko.snack.ws/]fitflop sko [/url] Le rituel du feu est lancÃ© avec ses couleurs, ses odeurs, sa chaleur, ses fumÃ©es, ses crÃ©pitements autour des 4 bons vivants du jour qui programment un lac d'Estom pour le lendemain. Mais, avec cet outil de codesign, Vibram compte s'imposer sur d'autres marchÃ©s que celui de la semelle technique.

Maybe some people may think that the UGG boots are uglylooking. R. [url=http://tomsshoes54.yolasite.com/]toms shoes[/url] Voici quelques styles de bottes UGG que vous pourriez trouver intÃ©ressant..
ÿþh
La membrane BioDry est une excellente protection contre la pluie, la neige et le gel, en assurant un confort optimal et une isolation thermique. Instead, always be sure that your vibram five finger shoes have reached least a few feet far from the heat resource, preferably not outside inside the sun or proper underneath a window where plenty of sunlight comes inside.. Kefas est une marque produite et distribuÃ©e par Styl Grand Spa, fabricant italien de chaussures depuis 1978.. Look at the designs and materials, based on the original, cheap Timberland boots to add other decorations, made him very popular in big cities.. [url=http://fitflop5.webpaper.co/]fitflop[/url] Trop pour Carmen, qui prÃ©fÃ¨re voir grand en commenÃ§ant petit. Personne n'est obligÃ© de savoir que vous l'avez achetÃ© dans une friperie..

But the Vibram Five Fingers Classic vibram does not like the master with him in the same place, comparatively the vibram likes freedom it the young fellow, although his master Vibram Vibram boyfriend vibram jewelery always praises the vibram to be attractive. Analysts said that

as the current shareholders to buy Panzhihua Steel and Vanadium to share the next twobridge rectifier years about 5% per year riskfree return, is an ideal investment target, but with the major line otubular motor f financial capital has the stock market, the remaining funds CD There can be at a higher price to buy the "chips" fight to win.. [url=http://fitflops40.webpaper.co/]fitflop sko[/url] Ce sont donc les femmes qui seront accus?es au fil des si?cles de lubricit? et de sorcellerie.
ÿþh
Alors on va marcher, pour renouer avec nos muscles et le monde, pour Ã©prouver des sensations physiques, cette ?bonne? fatigue qu'on oppose Ã l'Ã©puisement dÃ» au stress. Elles ont des propriÃ©tÃ©s nutritionnelles supÃ©rieures aux graines sÃ¨ches. Le procÃ©dÃ© devient cette annÃ©e quasi universel et se retrouve, un rien plus guindÃ©, chez le chausseur Emling avec le modÃ¨le Gazelle. [url=http://fitflopsko.snack.ws/]fitflops[/url] Ajouter n't basic effleurement du rouge Ã lÃ¨vres prÃ©fÃ©rÃ© fill n't accessoire parfait.. Mais nous n'avons pas la mÃªme approche aux autres sports lorsque quelqu'un nage, on ne le force pas Ã faire des longueurs pendant des heures, et on ne se fixe pas comme but de traverser la Manche aussi rapidement que possible", note le sportif.. Mon thermomÃ¨tre est montÃ© Ã 40 degrÃ©s.

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singapore real estate market

Nov 8, 2013, 10:08

Does your site have a contact page? I'm having a tough time locating it but, I'd like to shoot you an e-mail.
I've got some creative ideas for your blog you might be interested
in hearing. Either way, great blog and I look forward to seeing it expand over time.

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the pirate bay.org reviews

Jan 19, 2014, 16:20

The two murdered troopers, Power and Cahill, were men
from good Irish families. Have you played any gigs out and about, any house parties, any school dances.
He told Mother that his two black boys became very nasty the evening when we left their camp; they yelled
and sang during most with the night.