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National Women's Political Caucus of California and California Friends of the African American Caucus present:



## Celebrating Our Leaders... Then & Now

May 7, 2011 from 6-9pm at the California African American Museum, Los Angeles, CA  
Honoring Kamala Harris, Alice Huffman, Myrlie Evers, Holly Mitchell and more!



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## "SPEAK UP!"

### ABOUT THE COLUMN

*Speak Up!* invites women, and also men, who "speak" to women in terms of their values, their goals and their strong sense of community, to address issues, opportunities and successes that need to be heard by a larger audience of women leaders.

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## "THINK, FEEL, DO" MAKES LIFESTYLE CHANGES EASY



By *Pat Lynch, Host of Speak Up!*

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*Think, Feel, Do* is a unique program created by author and perseverance expert [Debra Pauli](#). She is teaching people that by shifting your attitude, you are able to shift any outcome. Pauli joins *Speak Up!* to discuss how she puts her 24 years of experience to work to help transform the "Mindset" of the way Individuals - and corporations - think, feel and act - not just in the U.S., but worldwide.



#### More about Debra Pauli

Transforming and reinventing Corporate America and personal lives is an extremely challenging task in today's economic and rapidly changing technology driven environment. Debra Pauli, who is an author of numerous books, is blessed with an extraordinary mind coupled with a unique set of skills, and has gone viral with a proven track record of unparalleled success when it comes to transforming individual lives, and the way employees of Corporate America think, feel and perform. Honor the past, but live for the future with willingness, eagerness, desire and flexibility. Listen and learn. Growth and change are the passions that rule Debra's life, which she passes down as principles to her numerous clients who increase their profitability through her various seminars and techniques.

With 24 years of experience Debra Pauli transforms the "Mindset" of the way Individuals think, feel and act; as well as Corporate America's workforce, and not just in the U.S., but Worldwide. Her genuine passion and powerful messages leave the audience craving a new addiction: The *Think / Feel / Do Lifestyle* in their personal and professional lives. She increases her client's productivity by teaching their staff various behavioral techniques, such as how to turn difficult or even traumatic experiences into triumphs, growth and a positive self-image; how to break through and become an unstoppable, irresistible and deliberate creators, which she experienced in her own life. Her extraordinary story made her an expert in understanding the workings of the mind, the sensitivity of the soul, the power of thinking, the science of the brain and how to bring the ultimate potential out of those who are willing to listen made her one of the most dynamic, sought-after professional speakers in the business world.

One of her most popular workshops is called the "*BreakTHROUGH: How to become an unstoppable, irresistible, deliberate creator!*"

Adrienne Papp of [Atlantic Publicity](#) is the exclusive publicist for Debra Pauli. For speaking engagements or any other request, please contact Adrienne at (917) 678-4017 or [Adrienne@AtlanticPublicity.com](mailto:Adrienne@AtlanticPublicity.com)

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*Pat Lynch*

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Pat Lynch, Host of Speak Up!

CEO of Women's Online Media and Education Network (WO.M.E.N.), including [WomensRadio](#), [WomensCalendar](#), [The WRchannel](#) and [AudioAcrobat®](#), and Host of *Speak Up!*

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World Headquarters: 2533 N. Carson Street, Suite 3003 | Carson City, NV 89706

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